

## INFORMATION ITEM: B

HEALTH AND WELLBEING BOARD			
<b>Report Title</b>	Findings from the second Lewisham Mental Health Conference		
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<b>Class</b>	Part 1	Date:	20 January 2015
<b>Strategic Context</b>	Improving mental health and wellbeing is one of the Lewisham Health and Wellbeing Strategy's key priorities.		
<b>Pathway</b>	This item was proposed at the Health and Wellbeing agenda planning meeting. It has not been presented to any other partnership board meetings.		

### 1. Purpose

- 1.1 This report provides members of the Health and Wellbeing Board with an update on the second Lewisham Mental Health Conference.

### 2. Recommendation

Members of the Health and Wellbeing Board are recommended to:

- 2.1 Note the content of the evaluation report on the Lewisham Mental Health Conference.

### 3. Policy Context

- 3.1 The aim of the Mental Health Conference is to promote opportunities for local mental health providers to share ideas and to work closer together. Improving mental health and wellbeing is one of the Lewisham Health and Wellbeing Strategy's key priorities.

### 4. Background information

- 4.1 In 2013 three Lewisham charities organised the inaugural voluntary sector mental health conference. This event was sponsored by Quo Vadis Trust and Equinox Care, and supported by Voluntary Action Lewisham. A number of collaborative initiatives were set up following feedback from delegates at the first conference. These included: Lewisham Mental Health Connection - a monthly network meeting where organisations could share information and plan collaborative initiatives; and Meet-up - an online discussion group for organisations to share ideas in between meetings.

## **5. 2014 Conference and Evaluation Report**

5.1 In September 2014, Quo Vadis Trust, Equinox Care and Voluntary Action Lewisham held a second mental health conference to update over 100 delegates on the progress made since the first event. The conference report (attached as Appendix 1) outlines the key findings from this year's conference.

5.2 It is anticipated that a third mental health conference will take place in 2015. Between now and then the Lewisham Mental Health Connection (LMHC) will continue to meet on a monthly basis with a view to taking forward the short and long term visions outlined in the report.

5.3 The short term vision includes:

- A borough wide Lewisham mental health day
- Increased Black and Minority Ethnic (BME) representation looking at over-representation of BME groups in hospital
- More faith groups to be included in discussions on mental health

5.4 The long term vision includes:

- Holistic multi-use centre for Lewisham
- A mental health manifesto for Lewisham
- Directory of Services building on our resources
- Telephone service

## **6. Financial implications**

6.1 None.

## **7. Legal implications**

7.1 None.

## **8. Crime and Disorder Implications**

8.1 None.

## **9. Equalities Implications**

9.1 There are no specific equalities implications arising from this report.

## **10. Environmental Implications**

10.1 None

## **11. Conclusion**

11.1 The conference report sets out the key findings from the second mental health conference. It highlights the mental health projects achieved

since the first conference and illustrates the importance of the collaborative working.

## **Background Documents**

Appendix 1: Lewisham Mental Health Conference 2014 Evaluation

If there are any queries on this report please contact Mark Drinkwater, Health Inequalities and Social Care Officer, Voluntary Action Lewisham, on 020 8314 9841 or by email at [mark@valewisham.org.uk](mailto:mark@valewisham.org.uk).